

# Confidential Questionnaire

## *Breast Health Screening*

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_  
 Date of Birth \_\_\_/\_\_\_/\_\_\_ Age \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone# \_\_\_\_\_ Work Phone# \_\_\_\_\_ Cell Phone# \_\_\_\_\_  
 Email \_\_\_\_\_

Please tell us how you heard about Carolina Thermascan \_\_\_\_\_

Location of scan (please circle):

Raleigh      Greensboro      Wilmington – Restore Health & Wellness Center      Wilmington-ChiroCynergy

Are you a patient at any of any providers at the above locations? Yes \_\_\_ No \_\_\_ If so, we will provide a copy of your report to that practitioner. Name of Provider: \_\_\_\_\_

Were you referred by another health care practitioner? Yes \_\_\_ No \_\_\_ If so, we will send a copy of your scan and report to that practitioner. Please provide:

\_\_\_\_\_  
 \_\_\_\_\_

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### CURRENT MEDICATIONS AND SUPPLEMENTS:

Medications: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

Supplements: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

Is there a specific reason or concern for this breast exam?

**Yes    No**

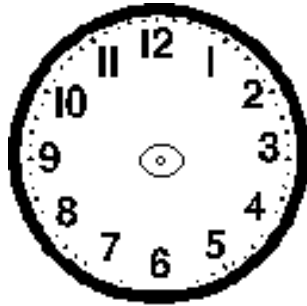
1. Have you recently had any of these breast symptoms? (mark only if "yes") \_\_\_    \_\_\_

	<b>LT</b>	<b>RT</b>
Pain/Tenderness	___	___
Lumps	___	___
Change in breast size	___	___
Areas of skin changes thickening or dimpling	___	___
Excretions or changes of the nipple	___	___

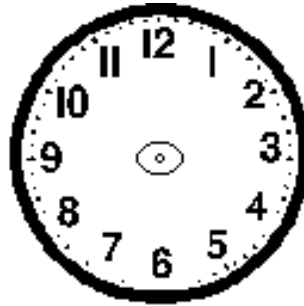
**NOTES:**

Indicate by letter on the diagram the region of the breasts if affected by the following:

- A** Mass      **B** Thickening      **C** Discharge      **D** Nipple Change      **E** Skin Change  
**F** Area of Pain      **G** Burning      **H** Tender      **I** Dull Ache      **J** Sharp Pain



**Right Breast**



**Left Breast**

2. Are any of the above symptoms cycle related?      Yes\_\_\_ No\_\_\_
3. Are you still having your periods?      Yes\_\_\_ No\_\_\_
4. Have you had a surgical hysterectomy?      Yes\_\_\_ No\_\_\_  
 If yes, date\_\_\_\_\_ Complete \_\_\_ Partial \_\_\_  
 Reason for hysterectomy?  
 Excess bleeding    Endometriosis    Fibroid cysts    Cancer    Other
5. Has anyone in your family ever been treated for breast cancer?    Yes\_\_\_ No\_\_\_  
 If yes, note age and survival  
 Mother\_\_\_ Sister\_\_\_ Daughter\_\_\_ Maternal Grandmother\_\_\_ Maternal Aunt\_\_\_  
 Maternal cousin\_\_\_ Paternal Grandmother\_\_\_ Paternal aunt\_\_\_ Paternal cousin\_\_\_
6. Have you ever had a biopsy?    Yes \_\_\_ No\_\_\_ Location: \_\_\_\_\_ Date:\_\_\_\_\_ Outcome:\_\_\_\_\_
7. Have you ever been diagnosed with breast cancer?      Yes\_\_\_ No\_\_\_  
 If yes, date: \_Month: \_\_\_\_\_ Year: \_\_\_\_\_ Location: \_\_\_\_\_ Date:\_\_\_\_\_ Outcome:\_\_\_\_\_
- Cancer type       Local       Metastatic       Lymph node involvement  
 Left breast       Inner       Outer       Nipple  
 Right breast       Inner       Outer       Nipple  
 Treatment       Surgery       Chemo       Radiation       None
- Lumpectomy:      Yes \_\_\_ No \_\_\_ R \_\_\_ L \_\_\_ Year of Surgery \_\_\_\_\_  
 Mastectomy:      Yes \_\_\_ No \_\_\_ R \_\_\_ L \_\_\_ Year of Surgery \_\_\_\_\_  
 Breast Reconstruction:      Yes \_\_\_ No \_\_\_ R \_\_\_ L \_\_\_ Year of Surgery \_\_\_\_\_  
 Radiation to the Breast:      Yes \_\_\_ No \_\_\_ R \_\_\_ L \_\_\_ Year of Treatment \_\_\_\_\_  
 Chemotherapy:      Yes \_\_\_ No \_\_\_ R \_\_\_ L \_\_\_ Year of Treatment \_\_\_\_\_  
 Breast Augmentation:      Yes \_\_\_ No \_\_\_ R \_\_\_ L \_\_\_ Year of Surgery \_\_\_\_\_  
 Any palpable mass now?      Yes \_\_\_ No \_\_\_ R \_\_\_ L \_\_\_  
 Any discharge, inversion or change in nipples?    Yes \_\_\_ No \_\_\_ R \_\_\_ L \_\_\_
8. Have you ever been diagnosed with any other breast disease?    Yes\_\_\_ No\_\_\_  
 If yes: Cysts/fibrocystic \_\_\_ Fibro Adenoma \_\_\_  
 Mastitis/inflammatory breast disease \_\_\_
9. Have you had any cosmetic breast surgery or implants?      Yes\_\_\_ No\_\_\_

If yes, date \_\_\_\_\_  Silicone  Saline

Experience:  Problems  No problems

10. Have you ever had any biopsies or any other surgeries to your breasts Yes\_\_\_\_ No\_\_\_\_\_

If yes, date \_\_\_\_\_

Left breast  Inner  Outer  Nipple

Right breast  Inner  Outer  Nipple

Results  Negative  Positive  Calcifications

11. Have you ever taken contraceptive pills for more than one year? Yes\_\_\_\_ No\_\_\_\_\_

If yes,  Currently  Less than 5 years  More than 5 years

12. Have you had pharmaceutical hormone replacement therapy (HRT)? Yes\_\_\_\_ No\_\_\_\_\_

If yes,  Currently  Less than 5 years  More than 5 years

13. Do you have an annual physical examination by a doctor? Yes\_\_\_\_ No\_\_\_\_\_

14. Do you perform a monthly breast self-exam? Yes\_\_\_\_ No\_\_\_\_\_

15. Have you ever smoked? Yes\_\_\_\_ No\_\_\_\_\_

16. Have you ever been diagnosed with diabetes? Yes\_\_\_\_ No\_\_\_\_\_

17. Have you had a mammogram? Yes\_\_\_\_ No\_\_\_\_ Results: Normal \_\_\_\_\_ Abnormal\_\_\_\_ Suspicious\_\_\_\_\_

18. Age at first mammogram \_\_\_\_\_

19. Date of last mammogram \_\_\_\_\_ Were you re-called? Yes\_\_\_\_ No\_\_\_\_

20. Have you had breast ultrasound? Yes\_\_\_\_ No\_\_\_\_

If yes...Date:\_\_\_\_/\_\_\_\_ Left \_\_\_\_ Right\_\_\_\_ Results: Negative\_\_\_\_ Positive \_\_\_\_

21. Have you had breast MRI? Yes\_\_\_\_ No\_\_\_\_

If yes...Date:\_\_\_\_/\_\_\_\_ Left \_\_\_\_ Right\_\_\_\_ Results: Negative\_\_\_\_ Positive \_\_\_\_

22. Have you ever undergoing Infrared Thermal Breast Imaging: Yes\_\_\_\_ No\_\_\_\_

If yes...Date:\_\_\_\_/\_\_\_\_ Left \_\_\_\_ Right\_\_\_\_ Results: Negative\_\_\_\_ Positive \_\_\_\_

**Procedure:** You will be imaged with a state of the art infrared imaging camera in comfortable and controlled surroundings. Your thermal imaging baseline reports will provide information about current and future conditions only and does not diagnose breast disease. Thermal imaging should be correlated with other medical investigative methods to better direct definitive testing for diagnosis and treatment. It does not replace any other breast examination.

**Patient Disclosure:** I understand that the report generated from my images is intended for use by a trained health care provider to assist in evaluation and treatment. I further understand that the report is not intended to be used by myself for self-evaluation or self-diagnosis. I understand that the report will not tell me whether, I have any illness, diseases, or other conditions, but will be an analysis of the images with respect only to the thermographic findings discussed in the report.

By signing below, I certify that I have read and understand the statement above and consent to the examination.

Client Signature \_\_\_\_\_ Today's Date \_\_\_\_\_